



# MAKE A FRUITY FACE!

(Can you make a face from the fruit you have at home?)

- 1 Wash your hands (remember to sing 'Happy Birthday' twice).
- 2 Prepare your fruit and make sure you ask an adult to help when using a knife.
- 3 Peel fruit, cut pieces into circular slices and separate fruit into individual bowls.
- 4 On a large plate, assemble fruits to create different faces.
- 5 Get creative and try adding some vegetables if you don't have enough fruit!
- 6 Use your imagination and see what fruity faces you can conjure up!

## Get fruity with these fun facts!

### Tomatoes are fruit!

And they are the most popular fruit in the whole world!

### A pomegranate can hold up to 1,000 seeds!

Although they're larger than a strawberry, an average-sized pomegranate can contain anywhere between 600-1,400 seeds.

### A strawberry is technically not a berry!

Berries by definition have their seeds on the inside - strawberries hold their 200 seeds on the outside.

### Cranberries can bounce!

When they're ripe, they bounce! Give it a go yourself...



Send us your pictures on Instagram using [#ALittleHelpFromLittleTikes](#) and don't forget to let us know where in the UK you are Playing Big!

